



easy-read

**NHS**

Mid and South Essex

# Are you protected?

Vaccination for  
Pneumonia - Meningitis - Sepsis

An easy-read booklet



# Vaccination for **Pneumonia - Meningitis - Sepsis**

**Pneumonia**

**Pneumococcal**

**Meningitis**

**There are lots of long medical words in this booklet.**



**We have kept them in this booklet.**

**new - mo - coc - all**

**Sometimes we show you how to say the word in blue boxes.**

**Pneumonia.**

An infection in the lungs.

**We also explain what the words mean.**

## Vaccination for **Pneumonia - Meningitis - Sepsis**



The name of the vaccine which protects you against Pneumonia - Meningitis - Sepsis is the **pneumococcal vaccine.**



You say it like: **new - mo - coc - all**



We shall say **Vaccine** in this easy-read booklet.



You can get a free Vaccine if you are 65 or over.

## Vaccination for **Pneumonia - Meningitis - Sepsis**



**You can also get a Vaccine if your immune system is weak.**



**This means you are more likely to get ill or be unwell for longer than other people.**



**There are other medical conditions when the vaccine is a good idea.**



**We have written these on pages 9 and 10.**

# Vaccination for **Pneumonia - Meningitis - Sepsis**



## How vaccines work



**Vaccines teach your immune system to protect you from diseases.**



**It is much safer for your immune system to learn this through vaccination than by catching the diseases and treating them.**



**Once your immune system knows how to fight a disease, it can often give you protection for a long time.**

# Vaccination for **Pneumonia - Meningitis - Sepsis**



**What is it for?**



**The Vaccine helps protect against infections that cause serious illnesses.**



**Examples are meningitis, sepsis and pneumonia.**



**Meningitis is an infection in the brain and spine.**



## Vaccination for **Pneumonia - Meningitis - Sepsis**



**Sepsis is a serious reaction to an infection.**



**Pneumonia is an infection in the lungs.**



**The Vaccine also helps to protect against other illnesses such as sinus infections and ear infections.**



**Find out on the next page if you are someone who the Vaccine is for.**

# Vaccination for **Pneumonia - Meningitis - Sepsis**



**Who is it for?**



**The Vaccine is for people who:**



**are 65 or over**



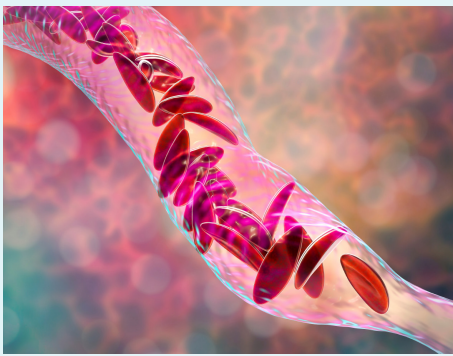
**have a long-term medical condition.**



## Vaccination for **Pneumonia - Meningitis - Sepsis**



**Here is a list of the long-term conditions.**



**Sickle cell disease.**



**Spleen problems or you have had your spleen removed.**



**A long-term problem with your breathing.  
For example, COPD or Cystic Fibrosis.**

# Vaccination for **Pneumonia - Meningitis - Sepsis**



**Kidney disease**



**Diabetes**



**A heart condition**



**A liver condition**

# Vaccination for **Pneumonia - Meningitis - Sepsis**

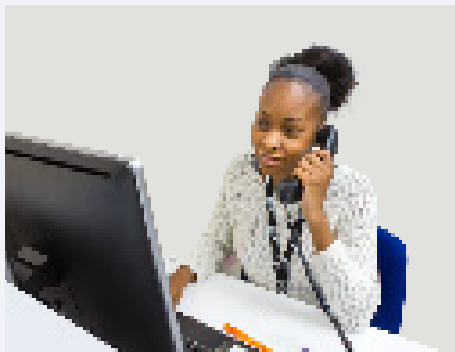


**A weak immune system**



**Cochlear implant.**

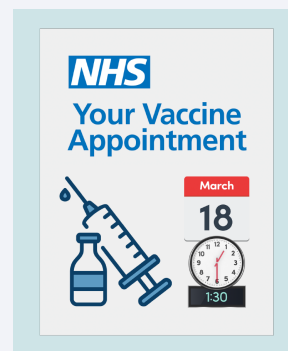
**This is a small ear device which helps with hearing.**



**Please speak to someone at your GP surgery if:**



**you would like to find out more about the Vaccine**



**you would like to book a vaccine appointment**

# Vaccination for **Pneumonia - Meningitis - Sepsis**



**Remember when you speak to someone at your GP surgery:**



**Pneumococcal vaccine:**

You say it like: **new** – **mo** – **coc** – **all**

**This easy-read booklet has been created with the help of people who use easy-read materials themselves.**

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